

Addiction treatment and recovery services continue to be available during the COVID-19 pandemic.



If you or someone you know is struggling with addiction to alcohol, drugs, or gambling, the New York State Office of Addiction Services and Supports continues to provide programs and help.

Whether you need to talk or are worried that you will go into withdrawal or relapse, the OASAS addiction treatment and recovery services are available for you.



Programs all around NY are offering services through telehealth – help over the phone or through videochat. Call First! Resources are listed below.



Over the phone programs can offer: counseling, family services, peer and recovery support services.



Many centers can provide or connect you to a provider who can prescribe medication for addiction. oasas.ny.gov/treatment



FOR INSURANCE RIGHTS AND QUESTIONS, call the NYS Behavioral Health Ombudsman Office (Community Health Access to Addiction and Mental Healthcare Project - CHAMP)

888-614-5400

Email: ombuds@oasas.ny.gov



CALL THE NY STATE COVID-19 EMOTIONAL SUPPORT HELPLINE if you are experiencing anxiety, stress, or depression during the coronavirus emergency.

844-863-9314



To find a provider go to: FindAddictionTreatment.ny.gov

Contact New York State's Hopeline to find help and resources: Call: 1-877-846-7369. Text: 467369.

To find a recovery center or open access center: oasas.ny.gov/support-services

You are not alone. Help is here.



Office of Addiction Services and Supports